

How to Clean Vomit from Mattress and All Other Kinds of Dirt the Right Way

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How to clean vomit from mattress?

Your mattress is a huge investment as it is here where you will be spending most of your time resting.

There will be times when you spill some liquid on it, or even vomit it on it, especially when you are sick.

Although wiping your bed as soon as possible, you should know **how to clean a mattress at home** correctly. As a matter of fact, you need to know how to clean vomit from mattress too, to help keep your bed in good condition.

Here you will learn how to remove vomit as well as **how to clean and disinfect a mattress** so you can sleep in a clean and odor-free bed once more.

Types of Mattresses and How to Clean Them

How to clean bed depends on the type, but you will need a few cleaning materials to get this done such as:

- Clean dishcloth or rag
- Baking soda
- Vinegar
- Soap and cold water
- Vacuum with an upholstery attachment

Memory Foam Mattress

Memory foam is known for its ability to cushion and support the body as you sleep by following its contours. Here's **how to freshen a mattress** made from memory foam.

Step 1: Use a vacuum with an upholstery attachment to remove any dirt, hair, or lint on the mattress.

Step 2: Prepare a [homemade cleaning solution](#) using half a cup of fabric cleaner and a cup of water in a spray bottle.

Step 3: Spray the bottle on the stain and use a clean dish rag or The Crown Choice All Purpose Dishcloth to gently scrub the stain. This dishcloth is made from non-abrasive

material that will not damage your mattress.

Step 4: For exceptionally stubborn stains, mixing ¼ cup of white vinegar with ¾ cup of water spray on the stain. Scrub gently until the stain is removed then wipe excess solution using a clean, wet rag.

Step 5: Let the mattress air dry.

Step 6: How to get pee stains out of mattress? Use paper towels to absorb the urine as soon as it happens. Spray some white vinegar into the area then use paper towels to absorb the liquid. Sprinkle baking soda on the damaged area and let it sit for 8 to 10 hours before vacuuming.

Latex Mattress

Latex mattresses are sturdy but they will need cleaning too.

Step 1: Remove the cover.

Step 2: Mix mild laundry detergent with water and spray on stains. Gently scrub the stain with a clean cloth or dishcloth from The Crown Choice.

Step 3: Wet another cloth and use it to wipe off any soapy residue on the mattress. Make sure that there is no residue left behind that can be absorbed by the mattress.

Step 4: Let the mattress air dry before putting on fresh sheets.

How to Clean Vomit From Mattress

Here's another way of cleaning your mattress if there's vomit

Step 1: Wipe away the vomit from the top of the mattress.

Step 2: Remove all beddings and wash them.

Step 3: Mop up any remaining vomit on the mattress. Do not scrub as this will cause the stain to spread.

Step 4: Spot clean the stain using warm, soapy water, and a clean rag. Dilute vinegar in water and use it to wipe the stain and to remove the odor.

Step 5: Let your mattress air dry.

How to Disinfect a Mattress

We'd like to advocate for safe and earth-friendly solutions to cleaning, but we know that not all people want to spray their mattress with a vinegar solution.

Vomit is gross so here's how to disinfect a mattress using a disinfectant spray or vodka.

Note: make sure to clean the mattress first. Remove the vomit, dust and grime for a completely sanitized mattress.

Disinfectant spray method

Step 1: Open windows or turn on your exhaust fans

Step 2: Spray lightly on the affected area (do not oversaturate)

Step 3: Let it dry completely before using it

Vodka method

Step 1: Put vodka in spray bottle

Step 2: Spray some on the affected area

Step 3: Cover the surface area but do not soak or oversaturate

Step 4: Let it dry completely before using

All Purpose Dish Cloth - No mildew odor from dishcloths, sponges, scrubbers, wash cloths

Cleaning your mattress with the All-Purpose Dish Cloth from The Crown Choice helps remove stains without damaging your bed. It is made from non-abrasive materials that can be used to clean the mattress easily, plus it doesn't have any odor that can transfer to your bed while cleaning.

Find out more about this [odor-free dishcloth here](#), and learn how to use it.